

# **An Introduction to Synthetic Drugs: K2/Spice & Bath Salts**

A Presentation Provided by [www.getsmartaboutdrugs.com](http://www.getsmartaboutdrugs.com)

## **An Introduction to K2/Spice & Bath Salts**

Slide provides information about the [Get Smart About Drugs](http://www.getsmartaboutdrugs.com) website that is summarized in the presenter notes below.

### **Presenter Notes: An Introduction to Marijuana**

Get Smart About Drugs is an educational outreach and awareness website that helps parents and caregivers identify and prevent drug use. The website located at [www.getsmartaboutdrugs.com](http://www.getsmartaboutdrugs.com) also provides a number of resources parents can use to get help if they suspect their child has a problem with drugs.

The website features tools to help parents:

- Visually identify drugs
- Understand the hidden dangers in their home
- Learn the signs of drug use
- Prevent drug use in their home
- Explore ways to talk to their children about drugs
- Find resources for getting help

## **Presentation Outline**

Slide presents four bullet points addressed in the presenter notes below.

### **Presenter Notes: Presentation Outline**

Today, we will cover:

- An overview of K2/Spice and Bath Salts
- Effects of K2/Spice and Bath Salts use
- Signs of K2/Spice and Bath Salts use
- Consequences of drug use
- Addressing drug use with your children

## **Overview of K2/Spice**

Slide contains the following bulleted list:

- Mixture of shredded plant material, herbs, and spices
- Typically sprayed with a chemical similar to THC, the psychoactive ingredient in marijuana

- Purchased in head shops, tobacco shops, various retail outlets, and over the internet
- Often marketed as “herbal incense” or “fake weed”
- Marketed to people who are interested in herbal alternatives to marijuana
- 11.4% of 12<sup>th</sup> graders reported using K2/Spice in the past year (2011 survey)

Learn more: <http://www.justice.gov/dea/pubs/pressrel/pr121411.html>,  
<http://www.whitehouse.gov/ondcp/ondcp-fact-sheets/synthetic-drugs-k2-spice-bath-salts>,  
<http://www.drugabuse.gov/publications/infofacts/spice>

## Presenter Notes: Overview of K2/Spice

So what is K2 or “Spice”? Known as “synthetic marijuana,” it’s a mixture of herbs and spices that is typically sprayed with a chemical similar to THC, the psychoactive ingredients in marijuana. The chemical compounds typically include HU-210, HU-211, JWH-018, and JWH-073.

K2 is purchased in head shops, tobacco shops, various retail outlets, and over the Internet. It is often marketed as “herbal incense” or “fake weed.”

Purchasing over the Internet can be dangerous because it is not usually known where the products come from or what amount of chemical is on the organic material.

Concerns about the use of synthetic marijuana, known as K2 or “Spice,” prompted its inclusion in the annual Monitoring the Future survey for the first time in 2011. Surprisingly, 11.4 percent of 12th-graders reported past year use.

## Street Names for K2/Spice

Slide contains the following bulleted list and information:

- Blaze
- Bliss
- Black Mamba
- Bombay Blue
- Fake Marijuana
- Fake Weed
- Genie
- Moon Rocks
- Red X Dawn
- Skunk
- Synthetic Marijuana
- Yucatan Fire
- Zohai

**Note:** Other names also exist.

Learn more: <http://www.drugabuse.gov/publications/infofacts/spice>,  
<http://www.justice.gov/dea/pubs/pressrel/pr022912.html>

## Presenter Notes:

Like most drugs, K2/Spice has many different street names, including: Blaze, Bliss, Black Mamba, Bombay Blue, Fake Marijuana, Fake Weed, Genie, Moon Rocks, Red X Dawn, Skunk, Synthetic Marijuana, Yucatan Fire, and Zohai.

There are also other names for K2/Spice.

## Forms of K2/Spice

Slide contains the following bulleted list:

- Typically sold in small plastic bags of dried leaves
- Marketed as incense that can be smoked
- Resembles potpourri

## Presenter Notes: Forms of K2/Spice

K2 is typically sold in small plastic bags of dried leaves and marketed as incense that can be smoked. It resembles potpourri.

Manufacturers of this product are not regulated and are often unknown since these products are purchased via the Internet whether wholesale or retail. Several websites that sell the product are based in China. Some products may contain an herb called damiana, which is native to Central America, Mexico, and the Caribbean.

## Methods of K2/Spice Use

Slide contains the following bulleted list:

Methods of use include

- Smoked as a homemade cigarette commonly referred to as a joint or in a pipe commonly referred to as a bong
- Mixed with marijuana
- Made into an herbal drink

Learn more: <http://www.drugabuse.gov/publications/infofacts/spice>

## Presenter Notes: Methods of K2/Spice Use

K2 products are usually smoked as a homemade cigarette commonly referred to as a joint or in a pipe commonly referred to as a bong. Sometimes users mix K2/Spice with marijuana or make it into an herbal drink.

## Legal Status of K2/Spice

Slide contains the following information:

- On March 1, 2011, the federal government imposed Schedule I controls over five of the synthetic chemicals used in K2/Spice because they present a danger to the public.
- It is illegal to possess or sell products that contain the substance without a DEA registration.
- Chemicals used in K2/Spice were placed into Schedule I of the Controlled Substances Act (CSA).
- Schedule I drugs:
  - Have a high potential for use
  - Have no accepted medical use for treatment
  - Lack accepted safety for use

Learn more: <http://www.justice.gov/dea/pubs/pressrel/pr030111.html>,  
<http://www.drugabuse.gov/publications/infofacts/spice>,  
<http://www.justice.gov/dea/pubs/pressrel/pr022912.html>

## **Presenter Notes: Legal Status of K2/Spice**

On March 1, 2011, the federal government imposed Schedule I controls over five of the synthetic chemicals used in K2/Spice because they present a danger to the public. It is illegal to possess or sell products that contain the substance. These chemicals were placed into Schedule I of the Controlled Substances Act (CSA).

The substances placed into Schedule I are 1-pentyl-3-(1-naphthoyl) indole (JWH-018), 1-butyl-3-(1-naphthoyl) indole (JWH-073), 1-[2-(4-morpholinyl)ethyl]-3-(1-naphthoyl)indole (JWH-200), 5-(1,1-dimethylheptyl)-2-[(1R,3S)-3-hydroxycyclohexyl]-phenol (CP-47,497), and 5-(1,1-dimethyloctyl)-2-[(1R,3S)-3-hydroxycyclohexyl]-phenol (cannabicyclohexanol; CP-47,497 C8 homologue).

## **Legal Status of K2/Spice (Continued)**

Slide contains the following information:

- Manufacture, distribution, possession, importation, and exportation of these chemicals are against the law without a DEA registration.
- Temporary scheduling action was originally in effect for one year, but of February 29, 2012 was extended an additional six months.
- Many states have also instituted bans on K2/Spice and/or synthetic cannabinoid-containing products.

Learn more: <http://www.justice.gov/dea/pubs/pressrel/pr030111.html>,  
<http://www.drugabuse.gov/publications/infofacts/spice>,  
<http://www.justice.gov/dea/pubs/pressrel/pr022912.html>

## **Presenter Notes: Legal Status of K2/Spice (Continued)**

Temporary scheduling action was originally in effect for one year while the DEA and the U.S. Department of Health and Human Services (DHHS) further study whether these chemicals should be permanently controlled, but was extended an additional six months on February 29, 2012.

This action is based on a finding by the DEA Administrator that the placement of these synthetic cannabinoids into Schedule I of the CSA is necessary to avoid an imminent hazard to the public safety. As a result of this order, the full effect of the CSA and its implementing regulations including criminal, civil and administrative penalties, sanctions, and regulatory controls of Schedule I substances will be imposed on the manufacture, distribution, possession, importation, and exportation of these synthetic cannabinoids without a DEA registration.

Many states have also instituted bans on K2/Spice and/or synthetic cannabinoid-containing products.

## **The Effects of K2/Spice**

This slide presents a list of the consequences of K2/Spice use that are explored within the presenter notes below. Additionally, it invites viewers to learn more by visiting <http://www.whitehouse.gov/ondcp/ondcp=fact-sheets/synthetic-drugs-k2-spice-bath-salts>

### **Presenter Notes: The Effects of K2/Spice**

Emergency room physicians report that persons who use these products have experienced serious side effects including convulsions, anxiety attacks, dangerous heart rate levels, and increased blood pressure.

Regular users may experience withdrawal and addiction symptoms.

## **Effects of K2/Spice on the Body**

This slide presents a list of the consequences of K2/Spice use that are explored within the presenter notes below. Additionally, it invites viewers to learn more by visiting <http://www.whitehouse.gov/ondcp/ondcp=fact-sheets/synthetic-drugs-k2-spice-bath-salts>

### **Presenter Notes: Effects of K2/Spice on the Body**

Physiological effects of K2 include nausea, vomiting, fast heartbeat, elevated blood pressure, tremors, and seizures. It appears to be stored in the body for long periods of time, and therefore the long-term effects on humans are not fully known.

## **Signs of K2/Spice Use**

This slide presents an introduction to the signs of K2 or “Spice” use section with a bulleted list that is fully addressed in the presenter notes below.

### **Presenter Notes: Signs of K2/Spice Use**

In this section, we are going to cover signs that indicate the possibility of marijuana use. We will break these signs into three categories:

- Physical signs
- Behavioral signs, and
- Paraphernalia

## Physical Signs of K2/Spice Use

This slide presents the physical signs of K2 or “Spice” use section with a bulleted list that is fully addressed in the presenter notes below and cites [http://www.getsmartaboutdrugs.com/identify/signs\\_of\\_drug\\_use.html](http://www.getsmartaboutdrugs.com/identify/signs_of_drug_use.html) as a resource for learning more.

### Presenter Notes: Physical Signs of K2/Spice Use

Take a look at your teen. Are his or her eyes red? As with marijuana, that can be a sign of K2/Spice use. Increased heart rate and dilated pupils are other physical signs.

## Behavioral Signs of K2/Spice Use

This slide presents the behavioral signs of K2 or “Spice” use section with a bulleted list that is fully addressed in the presenter notes below and cites [http://www.getsmartaboutdrugs.com/identify/signs\\_of\\_drug\\_use.html](http://www.getsmartaboutdrugs.com/identify/signs_of_drug_use.html) as a resource for learning more.

### Presenter Notes: Behavioral Signs of K2/Spice Use

When you notice behavioral changes in your child, you want to be able to identify if these changes are due to adolescent stress and typical “growing up” or due to something darker, like drug use.

Like marijuana, K2/Spice use leads to many behavioral changes. Some behavioral signs of K2/Spice use include:

- Restlessness
- Irritability
- Sleep difficulties
- Change in appetite
- Mental confusion
- Panic reactions
- Hallucinations

## K2/Spice Paraphernalia

This slide presents the paraphernalia that may be associated with K2 or “Spice” use in a bulleted list that is fully addressed in the presenter notes below and cites [http://www.getsmartaboutdrugs.com/identify/what\\_kinds\\_of\\_things\\_are\\_paraphernalia.html](http://www.getsmartaboutdrugs.com/identify/what_kinds_of_things_are_paraphernalia.html) as a resource for learning more.

### Presenter Notes: K2/Spice Paraphernalia

Paraphernalia is also a strong indicator of possible K2/Spice use.

Similarly to marijuana, items that suggest this include:

- Rolling papers

- Cigars to make a “blunt”
- Small plastic baggies and “stash cans”
- Deodorizers, incense, room deodorizers used to disguise the smell of smoking K2/Spice
- Pipes (metal, wooden, acrylic, glass, stone, plastic, or ceramic)
- Bongos
- Roach clips

## Overview of Bath Salts

Slide presents the following bulleted list – further developed in the presenter notes:

- Synthetic stimulants
- Also known as “designer cathinones”
- Synthetic derivatives of cathinone, a central nervous system stimulant found naturally in the khat plant
- Designer cathinones most commonly found in these “bath salt” products are: mephedrone, methylone, MDPV (3-4 methylene-dioxypyrovalerone)
- Sole over the Internet, in convenience stores, and in head shops as “bath salts” or “plant food”

### Presenter Notes: Overview of Bath Salts

So what are bath salts? Also known as designer cathinones, synthetic stimulants that are marketed as “bath sales” are often found in a number of retail products.

These synthetic stimulants are chemicals. The chemicals are synthetic derivatives of cathinone, a central nervous system stimulant, which is an active chemical found naturally in the khat plant. Mephedrone and MDPV (3-4 methylene-dioxypyrovalerone) are two of the designer cathinones most commonly found in these “bath salt” products.

Many of these products are sold over the Internet, in convenience stores, and in “head shops.”

## Street Names for Bath Salts

The slide presents a list of street names for bath salts that are repeated in the following presenter notes.

### Presenter Notes: Street Names for Bath Salts

Like most drugs, bath salts have many different street names, including: Bliss, Bloom, Blue Silk, Cloud Nine, Drone, Energy-1, Hurricane Charlie, Ivory Wave, Lunar Wave, Meow Meow, Ocean Burst, Ocean Snow, Pure Ivory, Purple Wave, Red Dove, Scarface, Snow Leopard, Stardust, Vanilla Sky, White Dove, White Knight, White Lightening, and Zoom.

## Forms of Bath Salts

- Sold in powder form in small plastic or foil packages of 200 and 500 milligrams under various brand names
- Mephedrone:
  - Fine, white, off-white, or slightly yellow-colored powder
  - Can also be found in tablet and capsule form

- MDPV is a fine white or off-white powder

## **Presenter Notes: Forms of Bath Salts**

“Bath salt” stimulant products are sold in powder form in small plastic or foil packages of 200 and 500 milligrams under various brand names. Mephedrone is a fine white, off-white, or slightly yellow-colored powder. It can also be found in tablet and capsule form. MDPV is a fine white or off-white powder.

## **Methods of Bath Salts Use**

Methods of use include:

- Sniffing or snorting
- Taken orally
- Smoking
- Put into a solution and injected into veins

## **Presenter Notes: Methods of Bath Salts Use**

“Bath salts” are usually ingested by sniffing or snorting. They can also be taken orally, smoked, or put into a solution and injected into veins.

## **Legal Status of Bath Salts**

Slide presents a list of 4 bullet points that are fully addressed – and expanded upon – in the presenter notes below.

## **Presenter Notes: Legal Status of Bath Salts**

On October 21, 2011, DEA published a final order in the Federal Register exercising its emergency scheduling authority to control three synthetic stimulants that are used to make bath salts, including: Mephedrone, 3, 4 methylenedioxyprylone (MDPV), and Methylone. This emergency action was necessary to prevent an imminent threat to the public safety.

As a result of this order, these synthetic stimulants are designated as Schedule I substances under the Controlled Substances Act. Schedule I status is reserved for those substances with a high potential for abuse, no currently accepted use for treatment in the United States, and a lack of accepted safety for use of the drug under medical supervision.

Except as authorized by law, this action makes possessing and selling these chemicals, or the products that contain them, illegal in the United States.

The temporary scheduling action will remain in effect for at least one year while the DEA and the United States Department of Health and Human Services (DHHS) further study whether these chemicals should be permanently controlled.

## **Effects of Bath Salts on the Mind**

This slide presents 13 effects of bath salts on the mind that are fully addressed in the presenter notes below.

## **Presenter Notes: Effects of Bath Salts on the Mind**

People who use these substances have reported agitation, insomnia, irritability, dizziness, depression, paranoia, delusions, suicidal thoughts, seizures, and panic attacks.

Users have also reported effects including impaired perception of reality, reduced motor control, and decreased ability to think clearly.

## **Effects of Bath Salts on the Body**

This slide breaks down the impact of bath salts on the central nervous system and the potential for addiction/overdose. It cites <http://www.drugabuse.gov/about-nida/directors-page/messages-director/2011/02/bath-salts-emerging-dangerous-products> as a source.

## **Presenter Notes: Effects of Bath Salts on the Body**

Cathinone derivatives act as central nervous system stimulants causing rapid heart rate (which may lead to heart attacks and strokes), chest pains, nosebleeds, sweating, nausea, and vomiting.

These chemicals also present a high addiction potential and risk for overdose.

## **Signs of Bath Salts Use**

This slide introduces three areas that are signs of bath salts use – all reiterated in the presenter notes below.

## **Presenter Notes: Signs of Bath Salts Use**

In this section, we are going to cover signs that indicate the possibility of bath salts use. We will break these signs into three categories:

- Physical signs,
- Behavioral signs, and
- Paraphernalia

## **Physical Signs of Bath Salts Use**

The slide lists 5 physical signs of the use of bath salts that are expanded upon in the presenter notes below. It cites [http://www.getsmartaboutdrugs.com/identify/signs\\_of\\_drug\\_use.html](http://www.getsmartaboutdrugs.com/identify/signs_of_drug_use.html) as a place to learn more.

## **Presenter Notes: Physical Signs of Bath Salts Use**

When looking for signs that a teen has been using bath salts, consider that amphetamines, cocaine, Khat, LSD, and MDMA, or Ecstasy, have similar effects.

Since bath salts can be snorted, smoked, injected, or taken by mouth, signs of use can vary. Here are some signs to look out for:

- Does your teen have a strange burn on their mouth or fingers? That can signify smoking something through a metal or glass pipe.

- Are they wearing long sleeves in the middle of the summer? They may be trying to hide puncture marks that would indicate intravenous drug use.
- Has your teen begun developing nosebleeds? That can be one of the first signs of cocaine use.

Bath salts also cause impaired perception, reduced motor control, disorientation, and dizziness, among other physical effects.

## Behavioral Signs of Bath Salts Use

This slide lists agitation, irritability, insomnia, depression, delusions, extreme paranoia, and violent episodes. It cites [http://www.getsmartaboutdrugs.com/identify/signs\\_of\\_drug\\_use.html](http://www.getsmartaboutdrugs.com/identify/signs_of_drug_use.html) and <http://www.justice.gov/dea/pubs/pressrel/pr102111.html> as resources for learning more.

### Presenter Notes: Behavioral Signs of Bath Salts Use

When you notice behavioral changes in your child, you want to be able to identify if these changes are due to adolescent stress and typical “growing up” or due to something darker, like drug use.

Bath salts use leads to many behavioral changes. Some behavioral signs of bath salts use include:

- Agitation
- Irritability
- Insomnia
- Depression
- Delusions
- Extreme paranoia
- Violent episodes

## Bath Salts Paraphernalia

This slide lists 7 bullet points that are fully addressed in the presenter notes below. It cites [http://www.getsmartaboutdrugs.com/identify/what\\_kinds\\_of\\_things\\_are\\_paraphernalia.html](http://www.getsmartaboutdrugs.com/identify/what_kinds_of_things_are_paraphernalia.html) as a resource for those looking to learn more.

### Presenter Notes: Bath Salts Paraphernalia

Paraphernalia is also a strong indicator of possible bath salts use.

Since bath salts can be snorted, smoked, injected, or taken by mouth, paraphernalia can vary. Some paraphernalia associated with using bath salts may include:

- Rolling papers
- Pipes (metal, wooden, acrylic, glass, stone, plastic, or ceramic)
- Bong
- Lighters
- Short plastic straws
- Razor blades
- Small plastic baggies and “stash cans” to conceal drugs

## Legal Consequences of Drug Use

- Athletics
- Career
- Military
- College loans
- Prison

Source: <http://www.justthinktwice.com/content/consequences.html>

### Presenter Notes: Legal Consequences of Drug Use

Next, let's talk about the legal and social consequences of using drugs including K2/Spice and bath salts.

The United States has clear, explicit drug use laws at the federal, state, and local levels. A drug-related conviction can have a major impact on a teen's future. With a drug-related offense on their record, your teen may not be able to get the job they want, join the military, or keep their college loans. And one of the biggest consequences of being caught with drugs is being sentenced to time in prison.

Testing positive for drugs can have major consequences, including getting fired from a job or being suspended from a sports team or other school activities. Drug testing has become a fact of life at many high schools. It also impacts job applicants and employees of companies choosing to maintain a drug-free workforce. Drug testing has also become an essential part of collegiate sports.

Students convicted of drug crimes – possessing or selling illegal drugs – while receiving federal student aid could lose their grants, loans, and/or work-study. As part of the Free Application for Federal Student Aid (FAFSA) process, students convicted of a drug offense have to complete an eligibility worksheet that will determine if they are eligible, partially eligible, or ineligible for federal student aid.

The Controlled Substances Act (CSA) prohibits unauthorized manufacturing, distributing, or dispersing of controlled substances including K2/Spice and bath salts. Federal penalties for drug trafficking depend on the quantity of the drug and how many prior offenses the trafficker has.

## Social Consequences of Drug Use

- Relationships
  - Family
  - Friends
- Academics

### Presenter Notes: Social Consequences of Drug Use

Drug use can radically impact the way a teen interacts with family, friends, teachers, and others.

Substance abuse affects the wellbeing of the entire family. Teens who use drugs withdraw from their family members and family activities, as well as set bad examples for their younger siblings. Because their judgment and decision-making ability becomes impaired, they may become more hostile toward family members and even steal money from them to get money for drugs.

Teens who use K2/Spice or bath salts may be alienated from and stigmatized by their peers. As a result, they may disengage from school and community activities.

Teens who use drugs have declining grades, a higher rate of absenteeism from school and other activities, as well as an increased potential for dropping out of school. Research has shown that a low level of commitment to education and higher truancy rates appear to be related to substance abuse. Cognitive and behavioral problems may also interfere with the academic performance of teens who use K2/Spice or bath salts.

## Addressing Drug Use with Your Children

- Children who learn about the risks of drug use from their parents are 50% less likely to use drugs than those who do not
- Take advantage of “teachable moments”
- Encourage your children to act and think responsibly

### Presenter Notes: Addressing Drug Use with Your Children

Addressing drug use with your children is often a very difficult task, but remember: The role you play in keeping your children safe from drugs is vital. In fact, children who learn about the risks of drug use from their parents are 50% less likely to use than those who do not. Talk to them about the risks of K2/Spice and bath salts.

Use blocks of time such as after dinner, before bedtime, before school, or on the drive to or from extracurricular activities to talk about drugs and why they are harmful. Take advantage of everyday “teachable moments” and, in not time at all, you’ll have developed an ongoing dialogue with your child. Teachable moments refer to using everyday vents in your life to point out things you’d like your child to know about. Use the following “teachable moments” as a starting point, but develop others based on your own life:

- Use newspaper headlines or TV news stories as a conversation starter. The daily news is filled with stories that detail the consequences of alcohol and drug use. Talk to your child about the mother who used drugs and was arrested. Who will take care of her baby now? Did she make a good decision when she used drugs?
- Watch TV with your kids, and ask them what they think. Do the shows and advertising make drug use look acceptable and routine? Or do they show its downside? How did that program make your child feel about drugs? Write a letter with your child to companies or TV networks about the messages they put out about drugs. Also remember that anti-drug messaging – such as that from The Partnership at Drugfree.org – is a great kickoff to discussion.

Encourage your children to think and act responsibly.

The Partnership at Drugfree.org has different scenarios you can act out in the Parent Talk Kit at <http://www.timetotalk.org>

In addition, the Get Smart About Drugs website has a variety of tools and resources available to help you talk to your child about drugs at <http://www.getsmartaboutdrugs.com/content/prevent.html>.

## Finding Treatment: Hotlines

Hotlines for drug use:

- Center for Substance Abuse Treatment Hotline – 800-662-HELP (4357)
- Girls and Boys Town National Hotline – 800-448-3000
- National Alcohol and Substance Abuse Information Center – 800-784-6776

For more resources, visit: <http://www.getsmartaboutdrugs.com/content/help.html>

## **Presenter Notes: Finding Treatment: Hotlines**

If you suspect that your child, a loved one, or even an acquaintance has a problem with drugs or alcohol, know that you are not alone and that you don't have to face it alone. There are many resources available where you can get help. You can find contact information for these resources on the Get Smart About Drugs site.

There are a number of hotlines, such as the Center for Substance Abuse Treatment Hotline at 800-662-HELP, the Girls and Boys Town National Hotline at 800-448-3000, and the National Alcohol and Substance Abuse Information Center at 800-784-6776, where you can call to get information, help, and resources.

## **Finding Treatment: Online**

Online resources for finding treatment:

- The Partnership at Drugfree.org's "Get Treatment" page: <http://www.drugfree.org/get-treatment>
- Just Think Twice, "Find Help" page: [http://www.justthinktwice.com/content/find\\_help.html](http://www.justthinktwice.com/content/find_help.html)
- SAMHSA Substance Abuse Treatment Facility Locator: <http://findtreatment.samhsa.gov>
- NIDA Treatment Research: <http://www.drugabuse.gov/related-topics/treatment-research>

For more resources, visit: <http://www.getsmartaboutdrugs.com/content/help.html>

## **Presenter Notes: Finding Treatment: Online**

There are also online resources, such as The Partnership at Drugfree.org, DEA's Just Think Twice website for teens, SAMHSA's Substance Abuse Treatment Facility Locator, and the National Institute on Drug Abuse website.

## **Online Resources: Government Agencies**

- DEA
  - <http://www.getsmartaboutdrugs.com>
  - <http://www.justthinktwice.com>
- National Institute on Drug Abuse (NIDA)
  - <http://www.nida.nih.gov>
  - <http://www.teens.drugabuse.gov>
- The Center for Substance Abuse Prevention
  - <http://www.prevention.samhsa.gov>

## **Presenter Notes: Online Resources: Government Agencies**

Here are a number of government agencies including DEA that work in the drug abuse prevention, treatment, and education fields and can be an excellent resource for parents.

DEA provides resources and updated information for parents and caregivers at <http://www.getsmartaboutdrugs.com>. DEA also has a teen-focused website, <http://www.justthinktwice.com>, that presents information on drug use and abuse to teens and teaches teens about drug facts and fiction.

The National Institute on Drug Abuse, NIDA, is a part of the National Institutes of Health, and is the nation's leading supporter of scientific research on drug abuse and addiction. More information is available at <http://www.nida.nih.gov> or 301-443-1124. NIDA also has a teen-focused website, <http://www.teens.drugabuse.gov>.

The Center for Substance Abuse Prevention, or CSAP, is part of the U.S. Department of Health and Human Service's Substance Abuse and Mental Health Services Administration, and works with states and communities to develop comprehensive prevention systems that create healthy communities. More information is available at <http://www.prevention.samhsa.gov> or 240-276-2420.

## Online Resources: Drug Prevention Organizations

- The Partnership at Drugfree.org: <http://www.drugfree.org>
- American Council for Drug Education (ACDE): <http://www.acde.org>
- Boys and Girls Clubs of America (BGCA): <http://www.bgca.org>
- The Anti-Drug: <http://www.theantidrug.com>
- D.A.R.E. America: <http://www.dare.com>
- Join Together: <http://www.jointogether.org>

## Presenter Notes: Online Resources: Drug Prevention Organizations

There are quite a few drug prevention organizations dedicated to keep communities and families drug free including:

- **The Partnership at Drugfree.org**, a nonprofit organization that helps parents in the prevention, intervention, and treatment of drug and alcohol use by their children. More information is available at <http://www.drugfree.org>
- **American Council for Drug Education (ACDE)**, a substance abuse prevention and education agency that develops programs and materials based on the most current and scientific research on drug use and its impact on society. More information is available at <http://www.acde.org>
- **Boys and Girls Clubs of America (BGCA)**, with over 4,000 clubs throughout the country serving more than 4.8 million children, the BGCA has programs available in the areas of education, alcohol and drug prevention, gang prevention, and leadership development. More information is available at <http://www.bgca.org>.
- **The Anti-Drug**, a drug prevention and information center, and support community for parents to learn from each other. More information is available at <http://www.theantidrug.com>
- **D.A.R.E. America**, D.A.R.E. or Drug Abuse Resistance Education, is a police officer-led classroom program for anti-drug, anti-gang, and anti-violence education for children from kindergarten through senior high school. For more information, please visit <http://www.dare.com>
- **Join Together**, a national resource that helps community leaders understand and use the most current, scientifically valid prevention and treatment approaches. For more information please visit <http://www.jointogether.org>

Visit <http://www.getsmartaboutdrugs.com/content/help.html> to learn more about government agencies and drug prevention organizations that can be helpful resources in drug prevention.

## Conclusion

- Know the facts about K2/Spice, bath salts, and other emerging drugs
- Be aware of the risks associated with K2/Spice and bath salts
- Learn to detect signs of K2/bath salts use
- Talk to your children about the risks associated with Spice/K2 and bath salts, and keep them safe
- Share your knowledge about K2/Spice and bath salts with others

## Presenter Notes: Conclusion

Thank you for taking the time today to come to this presentation about K2/Spice and bath salts.

Now that you know about these emerging synthetic drugs, please **pass it on**.

Talk to you friends. Talk to your family. Talk to your children. Talk to your neighbors. Talk to anyone you can.

Visit <http://www.getsmartaboutdrugs.com> for more information and tools to identify, prevent, and get help for drug use.